



WEBINAR

Stress and Safety: Decrease one, Increase the other

**No registration
required**

**Deborah B. Reed PhD, FAAOHN,
FAAN, RN (University of Kentucky)**
Agricultural Health Nurse and Farm
Family Member

**Monday, April 20, 2020
12:00-1:00 PM (Eastern)**

This webinar will illustrate the relationships between stress, injury and overall health among farmers.

To participate in this webinar, please follow these instructions:

Join Zoom Meeting

Recommended for video and audio experience
<https://viriniatech.zoom.us/j/345780843>

Dial In via Phone

Not recommended, audio only experience
+1 929 436 2866 (US)
Meeting ID: 345 780 843

Program Sponsors

This webinar is being offered as part of a Southern Extension Risk Management Education grant, titled "Reducing Human and Financial Risk for Beginning, Military Veteran, and Historically Underserved Farmers through Farm Stress, Wellness, and Safety Education." The Virginia Beginning Farmer and Rancher Coalition Program is a state-wide and coalition-based program. Virginia Tech/Virginia Cooperative Extension serves as the backbone organization for the Coalition. Funded through the Beginning Farmer and Rancher Development Program (BFRDP) of the USDA-National Institute of Food and Agriculture (NIFA) and the Southern Extension Risk Management Education Center. For program questions, contact the program director, Kim Niewolny at niewolny@vt.edu. For more information about the webinar, contact Katie Trozzo at ketrozzo@vt.edu.

Zoom Directions

About 15 minutes before the webinar, go to the website address above to prepare for the webinar. Join from PC, Mac, Linux, iOS or Android using the provided link. If this is your first time joining a Zoom webinar, you will be prompted to download the Zoom Launcher. Upon completion, enter your name and hit the "Join" button. You will then be placed in the meeting. You will be prompted to connect to audio, with instructions given on how to do so based on the audio option you select. During the webinar, questions can be typed into the chat box on the right hand side of the screen. A recording of this webinar will be available on the Virginia Beginning Farmer Program website within one week of the webinar date.



If you are a person with a disability and desire any assistive services or other accommodations to participate in this activity, please contact Kim Niewolny at 540-231-5784 between business hours (9 a.m.-5 p.m.) to discuss accommodations five days prior to the events.

Virginia Cooperative Extension programs and employment are open to all, regardless of race, color, national origin, sex, religion, age, disability, political beliefs, sexual orientation, genetic information, marital, family or veteran status, or any other basis protected by law. An equal opportunity/affirmative action employer. Issued in furtherance of Cooperative Extension work, Virginia Polytechnic Institute and State University, Virginia State University, and the U.S. Department of Agriculture cooperating. Edwin J. Jones, Director, Virginia Cooperative Extension, Virginia Tech, Blacksburg; M. Ray McKinnie, Administrator, 1890 Extension Program, Virginia State, Petersburg.